

Lung Biopsy

Patient Information Sheet

A biopsy is a sampling of cells or tissue from a suspicious mass. Specialized x-ray equipment has been used to guide the radiologist in placing a needle into the lung tissue to remove a sample of cells. These cells will then be examined by a Pathologist in the laboratory. Pathology results may take 7-10 days for complete analysis.

We are sensitive to your needs and concerns and want to let you know your safety and well-being are our primary concern. These instructions will help you to understand the recovery process.

Instructions after Lung Biopsy

- Rest for the remainder of the day following your procedure.
- Have a responsible adult spend the night following your procedure.
- Do not drive for 24 hours following your procedure.
- Do not lift anything weighing over 5 kilograms (10 pounds) for 48 hours following your procedure.
- Do not participate in sports or strenuous activity for 48 hours following your procedure.

Diet

- You can eat what you normally eat.

Medications

- If needed for pain or discomfort, take Tylenol (acetaminophen) for the next 48 hours. Follow the directions on the label.
- **Do not** use Aspirin or ibuprofen products, such as Advil or Motrin, as it may increase bleeding.
- Resume your usual medications unless instructed differently.

Dressing Care/Sutures

- Remove the gauze dressing the day after your procedure.



Bathing

- You may shower the day after your procedure.
- **Do not** bathe or swim (especially in lakes) for one week, as this may lead to an infection.

What to watch for

- It is common to cough up a little blood. If you are coughing up a large amount of blood (greater than 3 tablespoons) and are concerned with the amount or duration, seek assistance at the nearest Emergency Department.
- Sudden or increased shortness of breath
- Increased pain at the biopsy site
- Feeling unusually faint or light-headed
- Fever more than 100°F (38°C) or chills
- Redness, excessive swelling, or discharge from the biopsy site
- Excessive bleeding and or a bloody dressing

If you experience any of the above changes call your doctor, Telehealth Ontario (1-866-797-0000), or go to your closest Emergency Department. Take this sheet with you.

Please call as soon as possible for a follow up appointment with your referring doctor,
Dr. _____, to discuss the results of this procedure.

