

Portacath Insertion

Patient Information Sheet

An implanted Port has been inserted under the skin to allow administration of medications, fluid, or chemotherapy. Your Port may be used immediately after it has been inserted.

We are sensitive to your needs and concerns and want to let you know your safety and well-being are our primary concern. This information will help you understand the recovery process. Please refer to the booklet provided at the time of insertion.

Instructions after Portacath

Activity

- Heavy lifting should be avoided for a few days following insertion of the Port, but once healed, you may resume your normal level of activity.

Dressing Care/Sutures

- Keep the wound site clean and dry for seven (7) days to allow healing.
- Remove the outer bandage two (2) days after insertion to allow the wound to air.
- The small Steri Strips over the wound will stay in place for about 1 week. Once they begin to curl and lift they may be removed.
- If you have sutures or stitches that need to be removed, this will happen at your next clinic appointment or in one (1) week to ten (10) days. If you do not have an appointment in the clinic, please call and make one for this purpose.

Bathing

- You may bathe but not shower ensuring the wound does not get wet until healed.
- Once the Steri Strips fall off or the sutures come out, the wound should be healed well enough to resume showering.

What to watch for

- Fever more than 100°F (38°C) or chills
- Redness or drainage of fluid from the wound

If you experience any of the above changes call your doctor, Telehealth Ontario (1-866-797-0000), or go to your closest Emergency Department. Take this sheet with you.

Southlake Regional Health Centre
596 Davis Drive
Newmarket, Ontario L3Y 2P9
905-895-4521
TTY: 905-952-3062
www.southlakeregional.org



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REGIONAL HEALTH CENTRE