

**BOARD OF DIRECTORS  
OPEN SESSION MINUTES  
Thursday, April 25, 2019**

**1. CALL TO ORDER**

A meeting of the Board of Directors of Southlake Regional Health Centre was held on the above date at 1730 hours in the Lecture Hall.

The following Directors were present:

D. Dobson (Chair)	P. Horgan
A. Ahmed	A. Jones
Dr. S. Beatty, Chief of Staff	A. Krystal, President & CEO
D. Brouwer	C. Nemni
Dr. E. Chan	Dr. J. Randle
M. Downs	S. Stanton
J. Dunlap	D. Watling
J. Harris	R. Wilson
S. Hills (T)	

Regrets:

P. Roberts

The following Senior Staff members were present:

L. Bautista, In House Legal Counsel  
R. Bull, Chief Financial Officer  
C. Cecchini, Vice President, Employee Experience and CHRO  
T. Chalk, Chief Strategy and Communications Officer  
R. Gowrie, Vice President, Capital, Facilities & Business Development  
H. Hutton, Executive Vice President & Chief Operating Officer  
S. Mullin, CEO, Southlake Foundation

Guests:

J. Breslin, Ethicist

D. Dobson, Chair, noted that quorum was present and called the meeting to order.

**2. DECLARATION OF CONFLICTS**

Board members were asked if there were any perceived conflicts with the agenda; no conflicts were declared.

**3. APPROVAL OF AGENDA**

The Agenda was approved as circulated.

**MOTION:**

**It was MOVED by S. Stanton and SECONDED by P. Horgan, that the Open Board of Directors' agenda be approved.**

**CARRIED**

**4. MINUTES OF PREVIOUS OPEN BOARD MEETING**

The Minutes of the March 28, 2019 Open Board meeting were approved as circulated.

**MOTION:**

**It was MOVED by P. Horgan, and SECONDED by S. Stanton, that the Minutes of the March 28, 2019 Open Board of Directors' meeting be approved.**

**CARRIED**

**5. PATIENT STORY VIDEO**

The Board members toured the Mental Health Department. The patient video story shared the experiences of a patient's family in the Eating Disorders program including the positive affect they had on other families. Members of the Board who attended the tour reaffirmed the urgent need for the additional twelve beds that Southlake urgently requires. The members that toured were so impressed with the staffing in the department and their compassion and encouraged those members that were unable to attend to ensure they get a chance to tour this department. The patient story video will be used for multiple purposes including teaching opportunities and fundraising.

**6. NEW BUSINESS**

**6.1 Medical Assistance in Dying (MAiD)**

J. Breslin, Ethicist, attended the Board of Directors meeting to give an update on Medical Assistance in Dying (MAiD)

- The Bill was introduced as a legal option for Canadians in June 2016
- Allows for both self-administered and clinician-administered medications to end life, though only the latter occurs
- To receive assistance in dying a patient must:
  1. Be eligible for government-funded health care;
  2. Be at least 18 years old and mentally capable;
  3. Have a grievous and irremediable medical condition;
  4. Have made a free and voluntary request for assistance in dying; and
  5. Give informed consent for assistance in dying.
- Request must be made in writing, signed and dated after the person was informed his/her death is reasonably foreseeable;
- Include two independent witnesses;

- Written opinion from second independent medical/nurse practitioner that patient meets eligibility; and
- At least 10 “clear” days between request and provision, unless both clinicians agree patient’s death or loss of mental capacity is imminent.

The eligibility criteria as written excludes a range of persons who might want to pursue MAiD:

1. Mature minors
2. Suffering due to mental disorders
3. Advance requests for later incapacity (e.g. dementias)
4. Chronic conditions when death isn’t reasonably foreseeable

Items 1-3 are topics of legislative review; 4 is being challenged by patients in courts.

- As of February 2019 - York Region has 91 cases
- Three clinical providers at Southlake, 2 MD’s, 1 Nurse Practitioners
- 17 completed cases since June 2016
- Policies and procedures are in place and no major issues have been noted.

The Chair thanked Mr. Breslin for attending and giving such an informative presentation.

## 7. BUSINESS ARISING

### 7.1 Board Committee on Quality (BCQ)

P. Horgan, Chair of BCQ noted the following:

- Accreditation preparations are on track and programs are working on their action plans. A mock survey is scheduled for May 28th and 29th and will include a patient surveyor. A Governance Plan is prepared for members of our Board of Directors for Accreditation 2020.
- A briefing note and package with guidelines for the self-assessments will be distributed in May with the review and questions and answers at the May 23rd Board meeting with due date for completion the first week of June.
- The Cancer Program Quarterly Quality Review. Southlake was ranked in the top two hospitals overall, in the provincial summary, in the past five years.
- Southlake celebrated the annual Patient Experience Week April 22-26 with patients and staff.
- K. Bitove, Chair of PFAC will be attending a future Board meeting to discuss the work of the PFAC group.

### 7.2 Finance & Property Committee

D. Dobson, on behalf of P. Roberts, Chair of the Finance & Property Committee noted the following:

- New Provincial Procurement Guidelines were presented for information.
- Review of the financial statements for the months of February 2019.
- The monthly Capital Development Report and draft Foundation Report were received for information.

**8. NEW BUSINESS**

**9. NEXT MEETING – THURSDAY, MAY 23, 2019 @ 5:30 PM**

**10. MOTION TO CLOSE OPEN SESSION**

There being no further business, it was **MOVED** by C. Nemni and **SECONDED** by M. Downs, to adjourn the meeting at 1808.

**Date:** April 25, 2019

**Signed:** 

**D. Dobson, Chair**